

Procedure for inserting an injection port

Step 1

Put on Emla cream or patch 30min before

Step 2

Clean the area where the port will be inserted with an alcohol swab. Start cleaning in a circular motion moving from centre to the outside about the size of a tennis ball.

The sites to be used are the stomach or buttock and the sites must be moved all the time to avoid scar tissue and poor insulin absorption.

Step 3

Remove the blue needle cover

Step 4

Remove the front sticker cover only and pull the flap back



Step 5

Pinch up the skin and then slide the needle all the way in and then stick down the front sticker.



Step 6

Remove the needle by pinching the sides together and pull out

Step 7

Remove the back sticker cover and stick down.

All the injection are now done through the plastic entry.

The port should be changed every 5 days but it may last a little longer or shorter on occasions.